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Dearfriend,

Growing up is so much fun! There is a lot for you to explore and learn. However, sometimes you need support because you may not be able to do some things on your own. Don't worry, you are not alone! Daddy and Mommy are therefor you, with super teachers and friends that will support them.

Often things might be strange or difficult to understand, with doctors and experts talking to you in long words with sad faces. Don't forget, the most important thing is to have fun and be together with your family! That's where you learn and grow best. Remember - Mommy and Daddy are the real experts when it comes to you.

Our dear friend - Ben the Bear discovered this too. So why don't you come along and see how Ben and his family gets to grow and overcome difficulties with Miss. Lucy's support. Cuddle up and read Ben's story with your family, enjoy some colouring and make a new friend.

Happy Reading! Happy Growing!

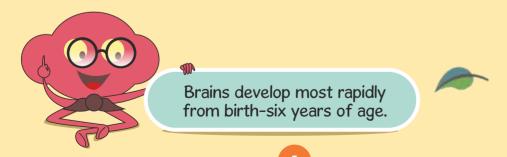


Little Ben loves to be busy

And with his best friend, Bill 'The Brain', he can do many amazing things

Bill 'The Brain' has superpowers!

He also has Super Helpers for company!







"See! It is a sunny morning!" the eyes scream.

"Scrambled eggs and toast for breakfast!" the nose declares.

"I hear friends in the park already!" the ears report.

"Hurray!" Ben is happy.



Brain cells called neurons become stronger when children use their senses to interact with the world.



With Bill 'The Brain' around,

Ben can be anything he wants to be

An astronaut, a gardener,

A soccer star, a baker,

A tree climber,

Even a honey taster, if you please!







But little Ben needs some support to learn



As mom and dad can see

So, off they drive down

to meet super teacher, Ms. Lucy





Ms. Lucy joins mom and dad

as they list the things to do

"Ben will learn faster", mom smiles,

"There is so much we can do."





Positive interactions with parents help develop strong brain connections through everyday experiences.







"You can do this better at home," Ms. Lucy says



"And have fun while you do

Ben will love it more, you know



Coz' you know him the best - you two."





Parents can support learning in daily routines by talking, singing, reading and playing with young children.

So, mom sounds out words at home

Ben does it too

Apple, banana, pasta, spinach

Ben loves to say something new







Grandpa likes to play with Ben



It is fun when he visits

Cars, spaceships, dragons and crayons

He shows Ben new things



Dad and little Ben

get ready for the day

Ben tries on his shirt like dad

He feels so big hurray!









Dad plays with little Ben

When to the park they go

Catching the ball and running around

Ben loves to play some more



Ben learns to turn the page

When grandma reads to him

Big and small letters

He loves his ABC's





Reading to children at a very young age builds stronger brains. Children learn language and can become good readers.









Ben loves to eat

with his fork and spoon alone

He picks and spills his yummy treats

Mom helps him try on his own





Ask your child to point to the spoons and fruits in the picture.

Ben loves to pick and choose

at the library when they go

Board books' n big books

There is fun always in store









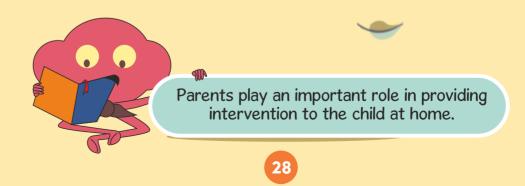


Ben loves mom and dad

Together they learn and play

Learning at home is always fun

Ben grows stronger each day



And, then one sunny morning

Ms. Lucy pays a visit

Ben is excited to show her

how he has learned so many things







Ms. Lucy is proud

And so are mom and dad

Ben's grown so much



They are all so glad!





"Look how well you've learned

Let us celebrate together

We made it, well done!"



Intervention provided at an early age in daily routines can really help a child grow to his/her full potential.





And so, a wonderful day ends

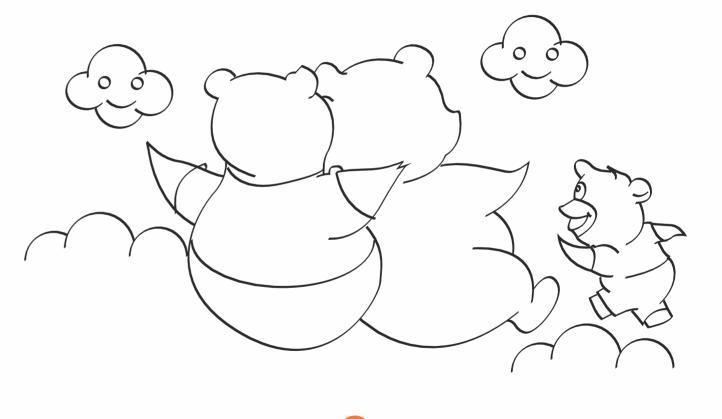
It is time to cuddle and sleep

With kisses and warm hugs

Ben and Bill snuggle in bed and dream

Colour Me!

Colour Me!



ECI Agora Team

Working with partners from across 5 Central and Eastern European countries, the Early Childhood Intervention (ECI) Agora Project works to create national ECI Agoras in order to develop ECI service through participation and co-production.





Web: agora-eci.eu

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Meet The Book Makers



Dr. Shivani Pandit Founder CEO - Saamarthya Foundation, USA.



With a doctorate in Special Education from Rutgers University, USA, Shivani has been working in the field for 25 years. Her non-profit works on multiple issues related to inclusion of persons with disability worldwide. It is also the first to publish a series of inclusive books under the banner of Naini Inclusive Books for Children.

Shwetal Pandit

Author



When not playing with words, Shwetal Pandit loves playing with her son. A social worker and remedial instructor by training, she is a copywriter by passion. Shwetal loves theater and music. She has authored 3 inclusive books for Saamarthya Foundation.

Parv Tiwari

Illustrator



Parv Tiwari is a professional illustrator throughout the day and an artist at night. It's been years that he's exploring various methods of art and applying it in his illustrations & designs. He loves indulging into the world of comics and is an avid fan of Batman & his world. He sees his life as nothing but a long quest to unravel deeper meanings of our existence & our purpose here.



Celebrate Ability. Unleash Potential.

Saamarthya Foundation is a non-profit organization focused on working with individuals with disabilities, worldwide. We are dedicated to creating public awareness, providing evidence-based professional development and advocacy resources to persons with disabilities, their families and professionals who work with them.

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