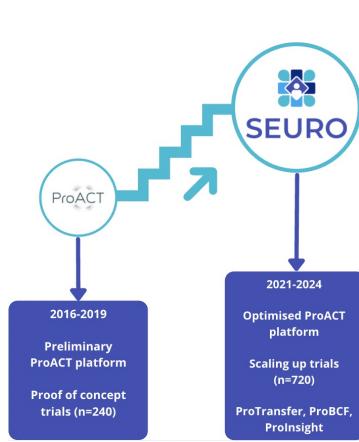




Scaling EUROpean citizen driven transferable and transformative digital health

From ProACT to SEURO!

In May 2021, the SEURO project kicked off! SEURO is an EU funded Horizon 2020 project (grant no. 945449). SEURO aims to advance the digital health platform 'ProACT'. ProACT integrates a wide variety of new and existing technologies to improve and advance home-based integrated care for older people with multimorbidity. The SEURO project will involve scaling up the ProACT platform for delivery across Europe with 3 new digital assessment tools created to support this process. Please see www.seuro2020.eu for further details.



The aim of the previously funded Horizon 2020 project 'ProACT' (www.proact2020.eu) was to develop and evaluate an ecosystem to integrate a wide variety of new and existing technologies to improve and advance home-based integrated care for older adults with multimorbidity, including co-morbidities.

SEURO builds on the ProACT project by scaling up the ProACT platform across Europe as well as developing tools to help guide organisations, services and teams how to best design, develop and implement a digital intervention (ProBCF-C, ProTransfer, ProInsight).

What's happened since May...

ProBCF-C development

SEURO partner Trinity College Dublin (TCD) have developed a preliminary version of the ProBCF-C. The ProBCF-C stands for the 'ProACT Behaviour Change Framework – Checklist'. The checklist is based on the ProACT Behaviour Change Framework which was developed in the ProACT H2020 project. This framework was developed to understand what components/areas would be needed to design, develop and implement a Digital Health Behavioural Change Intervention (DHBCI). The ProBCF-C is a self-assessment tool that gives guidance to teams, individuals and services wishing to implement a DHBCI on important steps to follow. The ProBCF-C outlines key steps to consider in relation to design, development, implementation and commercialisation of a DHBCI.

TCD facilitated a range of workshops with experts in User Design; Behavioural Change; Evaluation; and Commercialisation. In total 22 experts across seven different EU member states

ProTransfer development

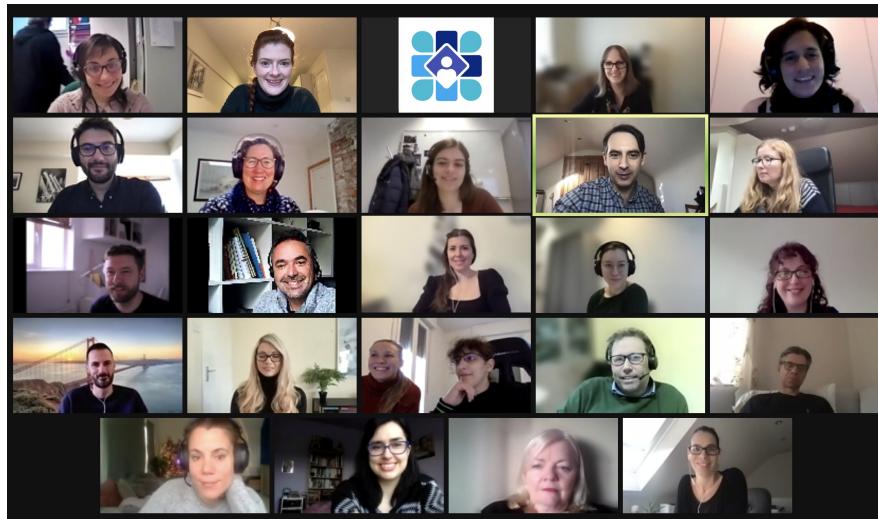
SEURO partners AIAS Bologna Onlus (AIAS) and Association for the Advancement of Assistive Technology Europe (AAATE) have developed a preliminary version of the ProTransfer tool. The ProTransfer tool will help organisations increase their readiness to adopt, transfer, sustain and scale digital health solutions. The tool was constructed following the development of the ProACT Transferability Model, developed during the ProACT H2020 project. The ProACT Transferability Model was developed following a two stage Delphi study with input from 17 experts in Digital Health and Integrated Care across 12 member states. For further reading on the ProACT Transferability Model, please see [HERE](#)

AIAS and AAATE conducted a workshop during the Open Living Labs day in September 2021 to get expert feedback on development of the ProTransfer Tool. Ten participants attended the workshop representing nine Living Labs across four

participated in this process. This information helped our researchers to refine the ProBCF and related ProBCF-C.

EU member states. Feedback also helped to understand how best the tool may be implemented in practice. For further details on the workshop please see [HERE](#).

The Second SEURO Consortium meeting



We held our second SEURO Consortium meeting from the 16th-18th November 2021. Our 12 SEURO partners attended this meeting including representatives from TCD, DkIT, IBM, AIAS, imec, Umeå, RV, Z-plus, Home Instead, CareDoc, AAATE and EASPD.

During this meeting we discussed progress in relation to trial planning, ProTransfer, ProBCF-C, ProInsight, ethics and potential commercialisation opportunities. This included planning for all activities in the coming six months. It was also noted that the project is progressing well with all current deliverables submitted on time. Although held once again online, it was a highly productive meeting. The consortium are planning a number of in person events for 2022 including seminars and workshops (all going well and in line with government guidelines) and will be releasing details in forthcoming newsletter.

Congratulations to our partner EASPD on their 25th Anniversary!



Congratulations to our SEURO partner EASPD on hosting the international conference '**The future is now: Person Centred Technology to empower people and disability services.**' This conference brought together key stakeholders to explore the most relevant technologies in the area of service provision for persons with disabilities and how to address the digital divide in the context of persons with disabilities. For more details please see: easpdconference.eu

IBM Research Dublin 10 Year Anniversary

Many congratulations to SEURO partner IBM Research Dublin on the 10 year anniversary. In 2011, it was inaugurated as a Smart Cities Tech Centre. A decade later, the lab has flourished into a world class industry research centre where scientists and engineers are creating breakthrough technology in AI, Quantum, Security & Privacy, Healthcare and the Future of Computing. For more details please see: <https://research.ibm.com/blog/10-years-dublin-lab>

Trinity College Dublin (TCD) and Royal College of Surgeons Ireland (RCSI) Innovation Showcase 2021



On November 24th 2021 SEURO co-ordinator Dr. John Dinsmore took part in the TCD RCSI Innovation Showcase, where he discussed the ProACT and SEURO H2020 projects as part of the 'Connected Health' panel. The panel discussed how COVID-19 has accelerated the adoption of digital health innovations, improving future patient experiences, setting gold standard solutions apart from the crowd, and what connected health will mean for clinician workflow. To access the recording of the session please click [HERE](#).

Getting to know the SEURO team!



In SEURO, Ambra leads on WP6 – Ethics, Data Protection and Regulation, ensuring that the ethical aspects of SEURO project implementation are up-to-date and adhered to.

Ambra is post-doc at Umeå University. She completed her PhD in Health Promotion and Cognitive Sciences in the University of Palermo, Italy, in 2021. Ambra's PhD dissertation investigated the effects of physical activity on cognitive functioning. She's also a lecturer of Psychology of Communication Processes in Sports at the sport science faculty of the University of Palermo.

Sport is her passion. In the past, Ambra used to play more than one sport at time (swimming and volleyball). Nowadays, she's an amateur volleyball player, and enjoys running. She also enjoys travelling around Europe.

Sign up [HERE](#) to receive the latest updates from the SEURO project!



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